

Ingredients for Fried Chicken with Tri –Sauce 三杯鸡

by Chef Lee Teck Chuan 李得铨

Main ingredients

Chicken Leg	1kg, cut into cubes
Salt	1 teaspoon
Sugar	1 teaspoon
Sesame oil	1 tablespoon
MSG	2 teaspoons
Egg	One
Water	2 tablespoons
Cornstarch	2 tablespoons

Sauces

Mandarin plum paste	3 tablespoons
Chinese dark vinegar	1 tablespoon
Chinese rice wine	1 tablespoon
Sugar	2 tablespoons
MSG	1 teaspoon
Fish sauce	1 teaspoon
Water	1 tablespoon

Condiments

Curry leaves/chopping chilli	A small amount
Shallots	15 pieces
Garlic	15 pieces
Ginger	15 slices

